

CAROLINE LOVEJOY

Caroline Lovejoy is an Accredited Counsellor-Psychotherapist with the British Association for Counselling and Psychotherapy. With over 15 years' experience in eating disorders, she currently works for two hospital eating disorder units (The Priory Hospital, Roehampton and Cygnet Hospital, Ealing) in addition to running her own private practices in central London and Wimbledon. Originally trained as a Psychodynamic Counsellor, Caroline believes a more eclectic approach is often needed and, to this end, will also turn when required, to both Cognitive Behavioural Therapy and NLP, in order to fit with the needs of the individual or group with whom she is working.

VERONICA KAMERLING

Veronica is the mother of two daughters who have suffered from an eating disorder. She also spent 6 years looking after her brother who has schizophrenia.

In 2008 she was awarded an Eating Disorder National Award from beat in recognition of her contribution to the world of eating disorders.

She facilitates the London Carers' Group for those caring for someone with an eating disorder and her other work includes sitting on a carers' forum, a clinical governance group, running collaborative caring workshops and she has just recently been elected to the Eating Disorders Exec at The Royal College of Psychiatrists.

She feels passionately that carers should be recognised and supported.