



Young
Carers'
Project



Kitchen Support Volunteer Wednesday evening (term time) 5:00pm – 7:15pm

Background:

Kingston Carers' Network (KCN) is a charity that supports unpaid carers in the Royal Borough of Kingston upon Thames. Our Young Carers' Project supports children who are caring for a family member who has a physical illness, disability, mental health problem, or substance misuse issue.

Our Wednesday evening drop-in provides a safe space where young carers can have a break, spend time with friends and enjoy a healthy meal. There can be up to 30 young carers in attendance.

How you can help:

We are looking for an enthusiastic volunteer, with a love of cooking, to support staff to prepare a meal for the young carers who attend our drop-in. All ingredients and equipment are provided.

Tasks include:

- Food preparation
- Cooking
- Serving food and beverages
- Washing up and putting equipment away
- Keeping the kitchen area clean

Time commitment:

The drop-in takes place every Wednesday (term time only), 5:00pm – 7:15pm. We ask that you volunteer at least twice a month, on a rota basis, for a minimum period of 6 months.

Location:

Searchlight Youth Centre, Kingston Road, New Malden, KT3 3RX. Parking available.

CARERS TRUST

We ask that you would:

- Carry out Level 1 Child Protection Training (online)
- Carry out Food Hygiene Training (online)
- Undergo an Enhanced DBS (criminal records) check (paid for by us)

Expenses:

- Your out-of-pocket travel expenses will be reimbursed
- All training is provided free of charge
- All ingredients and equipment are provided free of charge

The qualities and attributes we are looking for:

No formal qualifications are needed, but we will look for some key skills and personal qualities:

- Enthusiasm for cooking for large groups
- Reliable
- Committed
- Friendly and patient (often the young carers like to lend a hand)
- Happy to get stuck in with the washing up!

Benefits:

- Gain experience
- Meet new people
- Be part of a friendly team
- Give something back

What happens next?

- **If this role sounds like a good fit for you, [click here to complete our application form online](#)**
- If you have any questions, or would prefer to receive an application form in the post, contact Lyndsey (Volunteer Manager) at volunteering@kingstoncarers.org.uk or 07458 305 350
- Once we have received your application, Lyndsey will invite you for informal interview, either online or in person
- If you decide to go ahead, Lyndsey will send off for your references and DBS (criminal records) check and you will complete online training
- We will then invite you along for a trial session to get started



At Kingston Carers' Network we are committed to safeguarding and promoting the welfare of children and vulnerable adults. We expect all volunteers to share this commitment. Safer recruitment practice and background checks will be undertaken before any role is offered.