Activity Enabler (School Holidays) - Role Details

Background:
Kingston Carers' Network is a charity that supports carers in the Royal Borough of Kingston upon Thames. A carer is someone who is providing support, unpaid, to a friend or family member who has a physical illness, disability, ill mental health or substance misuse issue. Our Young Carers' Project supports carers who are between the ages of 5 – 18.

How you can help:
You will support the Young Carer Support Workers at our activities and day trips for young carers. Previous trips/activities have included:

- Horse riding
- Ice skating
- Harry Potter studio tour
- Drama workshops
- Cookery workshops
- Football
- Art and crafts
- and many more!

Possible tasks include:

- Joining in activities
- Encouraging the young people to participate
- Food preparation
- Being available to listen to the young carers
- Others – if you have a skill that you think would be beneficial (i.e. sports, craft etc.), let us know!

We ask that you would:

- Lend a hand at Young Carer Activities
- Carry out Level 1 Child Protection Training (online)
- Attend training events (about once every six months)
- Undergo an Enhanced DBS check

Time Commitment:

- Most activities and trips take place in the school holidays. You will be sent a list of upcoming activities and can choose which you would like to help out at.

Location:

- Activities and trips take place in various locations. Usually they take place in Kingston and the surrounding areas, but occasionally there are day trips to other locations such as London or the seaside.

Benefits:

- The opportunity to help our young carers to build their confidence and achieve their goals
- Gain experience working with young people
- Free training on child protection
- DBS check
- Ongoing support from the YC team and Volunteer Coordinator

Expenditure:

- Your travel expenses will be reimbursed.

A great Activity Enabler will be:

- Reliable
- Committed
- Patient
- Non-discriminatory
- A good communicator/listener

Training will be provided on:

- Child Protection
- Food hygiene (if required)

Due to the nature of the role, all volunteers must undergo an enhanced DBS check.

Feel inspired?

If you would like to become an Activity Enabler, or would like to find out more, contact **Lyndsey** at **volunteering@kingstoncarers.org.uk** or **020 3375 8226.**