

KINGSTON CARERS' NETWORK

Improving the lives of carers in Kingston



Annual General Meeting 2020-2021





















Highlights of a COVID year

- It is estimated that carers save the health and care system £239 million per year in the Royal Borough of Kingston.
- It is our privilege to offer our support to carers of all ages, and especially so in this year of many challenges.
- 1,050 adult carers referred to KCN
- 146 young carers referred to KYCP
- 3,804 virtual advice sessions provided to adult carers
- Income of £770k and over 60% from non-statutory sources
- New roles within KCN, befriending, shopping, prescription collection and food box delivery.



Achieving the Five Outcomes for Carers

Financial gains for carers of almost £1.17m

769 carers report feeling better recognised as expert care partners

458 carers say that they are now enjoying a life outside of caring

339 Carers' Assessments and Annual Reviews completed

1,179 carers attended virtual wellbeing events

405 activities providing 4,159 breaks for young carers



Our volunteers

- 68 Volunteers contributed 1,806 hours of their time and skills
- In the following roles/activities:
- Counsellors
- Befrienders
- Admin support and mail-outs
- Mentors
- Preparing activity packs and delivering them
- Delivering food parcels
- Shopping for shielding carers





Value of their time is more than £36,000!



Thanks to our volunteers

Alasdair Orr

Alex Cripsin

Alleyne Bartram

Amanda Simner

Barbara Loftin

Bec Richmond

Blerta Sadiku

Carol Harvey

Caroline Fernando

Caroline Tidman

Clare Jones

Clare Garrahan

Dan Long

Dani Rose

Dawn Hedmann-Liscott

Emily Smith

Emma Robertson

Emma Stratford

Estelle Taylor-Noel

Flo Bailey

Georgia Dingle

Grace Sylvester

Gwen Knight

Helen Levy

Ian Bellinger

Jacqui Barton

James Gold

James Barton

James Faria

James Noyes

Jason Tam

Jessica Mitchell

Joanne Noyes

John Mays

John Murphy

Julie Walker

Kate Rhodes

Katie Byers

Katie Glen

Kay Needle

Lauren Burns

Louise Bevington

Maggie Fairweather

Mary Freely

Matt Brooks

Milli van Wilgenburg

Millie Rana

Mimoza Qoba

Nadia Roach-McGurn

Nick Collins

Nicola Hambley

Nora Ridley

Pat Stanley

Peter Whatnall

Ramon Selvakumaran

Rita Ferro

Rochelle Bakthiari

Roisin Miller

Sacha Johnston

Sheikh Beeharry

Sheila Leatherdale

Sophie Humphries

Susan Adie

Susan Hostler

Suzanne Reynolds

Tara Bascombe

Tayla Lammert

Tina Atwal





Priorities in the year ahead

- Refreshing Kingston's Carers' Strategy, working with the local authority and health partners. This strategy will be written by carers, for carers.
- Retaining and building capacity in an increasingly difficult financial climate.
- Supporting carers after this especially challenging period and retaining a hybrid delivery model, to best suit the needs of carers.
- Ensure young and young adult carers are protected from inappropriate caring responsibilities.







Thank you for joining us today as we reflect on an unusual year.

Enormous thanks to all our very special carers and our amazing and dedicated team of staff and volunteers who work so hard to support them.



YCP Video

