KCN
Kingston Carers' Network

KINGSTON CARERS' NETWORK
Improving the lives of carers in Kingston

YCP Young Carers' Project

carerstrust
a Network Partner

Activity Enabler (Wednesday Evenings – Term Time) - Role Details

Background:
Kingston Carers' Network is a charity that supports carers in the Royal Borough of Kingston upon Thames. A carer is someone who is providing support, unpaid, to a friend or family member who has a physical illness, disability, ill mental health or substance misuse issue. Our Young Carers' Project supports carers who are between the ages of 5 – 18.

How you can help:
You will support the Young Carer Support Workers at our 'drop-ins' for young carers over the age of 12. The drop-ins are an opportunity for young carers to meet together, take part in fun activities and seek advice from our Support Workers.

Possible tasks include:

- Joining in activities
- Encouraging the young people to participate
- Food preparation
- Others – if you have a skill that you think would be beneficial (i.e. sports, craft etc.), let us know!

We ask that you would:

- Lend a hand at the Young Carers' Drop-In
- Carry out Level 1 Child Protection Training (online)
- Attend training events (about once every six months)
- Attend review meetings with a member of the Young Carers' Team
- Undergo an Enhanced DBS check

Time Commitment:

The drop-ins take place every Wednesday (term time), 6:00pm – 8:15pm. We would ask that you volunteer at least once a month.

Location:

- Searchlight Youth Centre, Kingston Rd, New Malden KT3 3RX

Benefits:

- The opportunity to help our young carers to build their confidence and achieve their goals
- Gain experience working with young people
- Free training on child protection
- DBS check
- Ongoing support from the YC team and Volunteer Coordinator

Expenditure:

- Your travel expenses will be reimbursed.

The qualities and attributes we are looking for:

No formal qualifications are needed, but we will look for some key skills and personal qualities.

A great Activity Enabler will be:

- Reliable
- Committed
- Patient
- Non-discriminatory
- A good communicator/listener

If you would be willing to drive a group of young carers to and from the drop-in this would be extremely helpful, but is not necessary.

Training will be provided on:

- Child Protection
- Food hygiene (if required)

Due to the nature of the role, all volunteers must undergo an enhanced DBS check.

Feel inspired?

If you would like to become an Activity Enabler, or would like to find out more, contact **Lyndsey** at **volunteering@kingstoncarers.org.uk** or **020 3375 8226.**