

## KINGSTON CARERS' NETWORK

Improving the lives of carers in Kingston





### Young Carer Activities Volunteer Evening drop-in Wednesdays (term time) 5:00pm – 7:00pm

### **Background:**

Kingston Carers' Network (KCN) is a charity that supports unpaid carers in the Royal Borough of Kingston upon Thames. Our Young Carers' Project supports children who are caring for a family member who has a physical illness, disability, mental health problem, or substance misuse issue. Our term-time drop-ins give young carers a space to meet, take part in fun activities and seek advice from our support workers.

### How you can help:

We are looking for fun and enthusiastic people to lend a hand at our Wednesday evening drop-in for young carers over the age of 11 (school years 7 - 11). Our activities volunteers play an integral role in helping to facilitate our drop-in sessions, including supporting activities such as cooking, sport, crafts and providing general support for the young people.

### Time commitment:

The drop-in takes place every Wednesday (term time only), 5:00pm – 7:00pm. We ask that you volunteer at least twice a month, on a rota basis, for a period of at least 6 months.

### Location:

Searchlight Youth Centre, Kingston Road, New Malden, KT3 3RX. Parking available.

### Possible tasks include:

- Assisting in the delivery of activities
- Assisting with the set up and pack down of session equipment and resources
- Interacting with the young people and encouraging them to engage with the session
- If you have a skill that you think would be beneficial (i.e. sports, craft etc.), let us know!



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### We ask that you would:

- Carry out Level 1 Child Protection Training (online)
- Participate in additional training as needed
- Undergo an Enhanced DBS (criminal records) check (paid for by us)

#### **Benefits:**

- Gain experience working with young people
- Help our young carers to build their confidence and have a break from their caring role
- Meet new people
- Be part of a friendly team

### **Expenses:**

- Your out-of-pocket travel expenses will be reimbursed
- All training is provided free of charge

### The qualities and attributes we are looking for:

No formal qualifications are needed, but we will look for some key skills and personal qualities:

- Enthusiasm for working with young people
- Reliable and committed
- Patient
- Non-discriminatory
- A good communicator/listener
- Experience interacting with young people

#### What happens next?

- If this role sounds like a good fit for you, <u>click here to complete our application form online</u>
- If you have any questions, or would prefer to receive an application form in the post, contact Lyndsey (Volunteer Manager) at volunteering@kingstoncarers. org.uk or 07458 305 350
- Once we have received your application, Lyndsey will invite you for informal interview, either online or in person
- If you decide to go ahead, Lyndsey will send off for your references and DBS (criminal records) check and you will complete online safeguarding training
- We will then invite you to start on a 4-week trial basis



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At Kingston Carers' Network we are committed to safeguarding and promoting the welfare of children and vulnerable adults. We expect all volunteers to share this commitment. Safer recruitment practice and background checks will be undertaken before any role is offered.